THE CONGRESS WHERE THE NEXT GENERATION LEADS

PELVIC FLOOR DISEASES
X FACTOR

PROGRAM

9 – 10 NOVEMBER 2026

Auditorium Nino Ricci · C.C.I.A.A. · Pisa, Italy

CHAIR **GABRIELE NALDINI**

SCIENTIFIC DIRECTOR **JACOPO MARTELLUCCI**

SENIOR EXPERTS

Frédéric Ris
Tommaso Simoncini
Pasquale Talento
Vincenzo Vigorita

SCIENTIFIC COMMITTEE

Blanca Montcusí
Tamara Fernández Miguel
Sara Tavares Nogueira
Serkan Zenger

ABOUT THE CONGRESS

RATIONALE AND VISION

Pelvic floor disorders, particularly posterior and multicompartment conditions, form a complex and rapidly evolving field that calls for close collaboration among several specialties. Despite significant progress, diagnostic pathways, therapeutic decision-making and organizational models still vary considerably between centers and countries.

Pelvic Floor Diseases X Factor is an international two-day meeting open to all professionals involved in the management of pelvic floor disorders. It is conceived as a dynamic, forward-looking forum that encourages open discussion and the exchange of real-world clinical experience among specialists at different stages of their careers.

Part of the scientific program is built on a call for abstracts reserved for young specialists under 45 years of age, giving emerging experts an active role in the scientific discussion.

THE X FACTOR

The "X Factor" is the ability to analyze one's own outcomes critically, learn from experience—setbacks included—integrate multidisciplinary perspectives, and turn clinical practice into meaningful improvements in patient care.

OBJECTIVES

The meeting aims to:

01	Build an international network of young pelvic floor specialists
02	Promote the exchange of real-life clinical experience, moving beyond idealized or highly selected cases
03	Compare diagnostic, rehabilitative and surgical pathways across different healthcare systems
04	Foster critical thinking, transparency and open discussion of pitfalls and limitations
05	Highlight emerging themes and future directions in posterior and multicompartment pelvic floor disease

DAY 1

MONDAY NOVEMBER 9TH 2026

08:30	*Registration*
08:45	Welcome & Introduction **Gabriele Naldini & Jacopo Martellucci**

INSTRUMENTAL AND FUNCTIONAL ASSESSMENT OF MULTICOMPARTMENT PELVIC ORGAN PROLAPSE

CHAIR ***Pasquale Talento***

09:00	Anatomy of Pelvic Floor **Pasquale Talento**
09:20	Physical Examination **Blanca Montcusí**
09:40	Essential diagnostic assessment for pelvic floor disorder **Serkan Zenger**
10:00	Application and Relevance of 3D Reconstruction for Surgical Planning in Complex Pelvic Floor Pathology **Alejandra de Andrés Gómez**
10:20	*Interactive discussion*
10:45	*Coffee break*

FACTORS INFLUENCING CONSERVATIVE, REHABILITATIVE, OR SURGICAL DECISION-MAKING

CHAIR ***Gabriele Naldini***

11:00	Pelvic Floor Flow Chart: open discussion **Gabriele Naldini**
11:20	Prevalence and Risk Factors of Low Anterior Resection Syndrome after Sphincter-sparing resections for rectal cancer: early results of a cross-sectional, Multicentric Study **Anastasiia Viziateva**
11:40	Structured Multidisciplinary Management of Low Anterior Resection Syndrome After Rectal Cancer Surgery: Outcomes from a Specialized LARS Clinic **Nuria Ortega**
12:00	From Referral to a Dedicated Pelvic Floor Pathway: Stepwise Implementation of a Multidisciplinary Service in a Secondary Care Hospital **Ana Navarro**
12:20	Posterior Tibial Neurostimulation for Fecal Incontinence in Community-Dwelling Older Adults: Long-Term Outcomes and Predictors of Response **Monica Serrano-Navidad**
12:40	Alternative Rehabilitation Strategies **Jacopo Martellucci**
13:00	*Interactive discussion*
13:30	*Light lunch*

SURGICAL MANAGEMENT OF MULTICOMPARTMENT PELVIC FLOOR PROLAPSE

CHAIR ***Tommaso Simoncini***

14:30	Surgical Approach of Complex Multicompartment Prolapse **Tommaso Simoncini**
14:50	Early and Long-Term Functional Outcomes of a Novel Surgical Technique for the Treatment of Rectocele **Sofiya Zhukova**
15:10	Safety and Early Functional Outcomes of Transvaginal Rectocele Repair with Porcine Collagen Mesh: a Prospective Study **Alejandra de Andrés Gómez**
15:30	Combined Minimally Invasive Reconstruction for Recurrent Multicompartmental Pelvic Organ Prolapse: a Tailored Technique **Francesco Ghiglione**
15:50	Mini-Invasive J Colpo-Perineorectopexy with Titanized Polypropylene for Global Perineal Descent: Technique and Functional Outcomes **Carlotta La Raja**
16:10	Linear Stapling for Anal Mucosal Prolapse Associated with Advanced Hemorrhoidal Disease: Lessons from a 400-Patient Real-World Surgical Series **Leyla Farhad Khalilova**
16:30	*Interactive discussion*

VIDEO SESSION

CHAIR ***Frédéric Ris***

17:00	Step-by-Step Robotic Colporectosacropexy for Multicompartment Prolapse: a Surgical Video Technique Using the Hugo RAS System **Monica Serrano-Navidad**
17:15	Tailoring Surgery to Frailty: Delorme's Procedure in a 90-Year-Old High-Risk Patient with Complete Rectal Prolapse **Giuseppe Candilio**
17:30	Stepwise Anatomical Reconstruction of an Obstetric Cloaca Using Bilateral Corman Flaps and Pelvic Floor Reconstruction: A Surgical Video **Izaskun Badiola**
17:45	Step-by-Step Sacral Neuromodulation **Tamara Fernández**
18:00	*End of the day*

DAY 2

TUESDAY NOVEMBER 10TH 2026

OASIS MANAGEMENT

CHAIR *Frédéric Ris*

09:00	Occult Anal Sphincter Injuries After Vaginal Delivery: a Comparative Evaluation of 2D Transvaginal and 3D Endoanal Ultrasonography **Alexander Lukianov**
09:20	Sphincter Repair After OASIS IIIc Injury **Sara Tavares Nogueira**
09:40	Autologous Lipografting After Sphincteroplasty Reduces Fibrosis and Inflammation While Promoting Angiogenesis: a Histological and Immunohistochemical Case-Control Study **Alexander Lukianov**
10:00	Puborectalis Reconstruction **Frédéric Ris**
10:20	*Interactive discussion*
11:00	*Coffee break*

MANAGEMENT OF COMPLICATIONS OR RECURRENCE AFTER SURGERY

CHAIR *Gabriele Naldini*

11:30	Shifting from Minimally Invasive Sacral Fixation to Anterolateral Myopectineal Suspension for Complete and Recurrent Rectal Prolapse in Young Males **Francesco Ghiglione**
11:50	Recurrent Colonic Prolapse After TaTME and Cystectomy: a Novel Geneva Salvage Technique Combining Transanal Resection and Posterior Biological Mesh Reinforcement **Iride Porcellini Ariaudo**
12:10	Think Before You Redo: Choosing the Optimal Strategy After Early Ventral Rectopexy Failure **Filipa Santos**
12:30	Rectovaginal Fistula After Stapled Prolapsectomy: Early Transvaginal Repair Without Fecal Diversion for a Distinct Iatrogenic Complication **Carlotta La Raja**
12:50	Complete Regression of Buschke–Löwenstein Tumor After Partial Surgical Excision Combined with HPV Vaccination and Topical Imiquimod: a Case Report **Guido Coretti**
13:10	*Interactive discussion*
14:00	*Closing ceremony*

GOOD TO KNOW

Date: 9th-10th Novembre 2026

Official language: English

CONGRESS VENUE

Auditorium Nino Ricci – C.C.I.A.A.

Piazza Vittorio Emanuele II 5

56125 Pisa, Italy

REGISTRATION FEE

The complete training cost is 500 + VAT

Special rate for ESCP members: 400 + VAT

ORGANIZING SECRETARIAT

ASK SERVICE

Via Nazario Sauro 3 - 54033 Carrara (MS)

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